

Live online workshop



Workshop Overview



An opportunity to step back from daily routines to reflect upon yourself and how you interact with those around you

Want to find or work further with your ‘WHY’ and purpose? Want to better understand your personal talents and signature strengths? Want to reflect on your leadership style and be inspired? Come and join us at a unique place in a magical setting, the UPEACE Campus. Experience connection, co-creation, learning and global networking with an international team facilitators and fellow-participants.

This seminar focuses on a human paradigm of leadership – the ability to connect with people you work with, to see how things look from their perspective, to engage and motivate them appealing to their strengths and passions. The vision of the leader today is that of the “positive” leader who is able to unleash the potential of each individual in the organization.



"This course is not a course in and of itself; it's a life experience and a new way to view yourself and the people around you." – Victoria Aguilar

Who Should Take This Course?

- Leaders at all levels, from independent consultants to directors
- HR professionals, NGO leaders, business managers
- Anyone going through a change in life or considering a new career
- Professionals looking to be inspired and revitalized in their purpose

Workshop Objectives

By the end of the workshop, you will have:

1. Practiced strategies to cultivate appreciation, empathy and positivity.
2. Practiced the leadership tools of appreciative inquiry and the use of dialogue circles.
3. Identified major sources of work-life balance conflict that apply to you.
4. Applied conflict transformation theories in a role-play scenario.
5. Received feedback on your strengths, positivity ratio and resilience.



"The Positive Leadership course focuses on aspects that any person can apply, both in their professional life as well as their personal/family life. It is an invitation to reflect on how we have done things, and stop to take a breath, to then continue on in life with more strength."

– Marcelo Arroyo

Topics



Overview of Positive Leadership

- Participant Introductions
- Warm-up Activity and Debrief
- Reflecting on leadership and well-being

Focusing on Strengths

- Overview of Appreciative Inquiry
- Introduction to Design Thinking
- Looking at Purpose: Simon Sinek

Relationships and Meaning

- Flow and Character Strengths
- Finding Your Hedgehog
- Understanding your Conflict Style

Circles as a Leadership Tool

- Restorative Justice and Circles
- Formulating Questions for Circles
- Practicing with Real Cases

Your Story as a Positive Leader

- Developing Your Sentence
- Empathy – Theory and Practice
- Reframing Failure

Putting it Together

- Managing Energy, Not Time
- Core Values
- Closing – Your Leadership Plan



Logistics

Schedule

- The interactive workshop includes 10 live online sessions. This will be complemented by readings, videos and assignments in-between sessions as well, allowing you to delve deeper into the topics and put what you've learned into practice!

Price

- **\$895** – Includes instruction, materials and a certificate from the United Nations established University for Peace

The Facilitator

Mohit Mukherjee is an innovator in the area of organizational development, focusing on developing and delivering programs on leadership, innovation, organizational well-being and social impact. He is the founding Director of the UPEACE Centre for Executive Education. In this role, he has developed and taught over 75 seminars in several countries (Haiti, USA, Switzerland, Guatemala, Nicaragua, Honduras, Puerto Rico, India, Bangladesh, Costa Rica and the U.K) on themes ranging from ‘Designing Your Life’ to ‘Entrepreneurship, Innovation and Social Change’.

Mohit has also taken on leadership roles with Florida International University and Watson Institute, an incubator for social entrepreneurs. Prior to this, Mohit served as Education Program Manager of the Earth Charter Initiative, an international nonprofit organization. He also spent four years at A.T. Kearney management consultants in San Francisco.

Mohit has a Bachelor’s degree in Industrial Engineering from Stanford University, and did his Master’s at the Harvard Graduate School of Education.



“I came to learn leadership skills, and I'm leaving knowing more about myself in every way, knowing that I am a leader and I must maintain my authenticity as I lead.”

– Sabine Saintable

Next Steps

Visit www.centre.upeace.org for more information
and to register for this workshop.

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